

No Fear Challenge

1st:

Cast all your anxiety on him because he cares for you. -1 Peter 5:7
(NIV)

Trust in the Lord with all your heart and lean not on your own understanding; in all of your ways acknowledge him, and he will make your paths straight. -Proverbs 3:5-6 (NIV)

2nd:

Write down your fears and then do them. Every. Single. One.

My challenge to you: conquer 1 fear a week.

Journal: about this experience and tell a friend or family member who can keep you accountable.

You were made to be **FEARLESS!**

Remember- I sought the Lord, and he answered me; he delivered me from all my fears. -Psalm 34:4 (NIV)